

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

--

Please  
complete in  
typescript, or  
in bold black  
capitals.

Company Name in  
full

Healthy Goals UK CIC

Company Number

4986553

Year Ending

31/3/2006

*This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 9.1 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.*

### **PART 1 – GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES**

*In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community or section of the community which the company is intended to serve.*

During the financial year 2005/2006 the company's activities have benefited the community in the following ways:

1. Over 280 children and young people have attended our free school holiday sports courses. They have built their self confidence and improved self esteem by learning new skills in: Soccer, Basketball, Cricket, Team building game and Gymnastics.
2. 4 volunteers have gained level 1 sports qualifications and 40 children have gained British Gymnastics Association awards.
3. Over 700 primary school children have benefited from attending our Healthy Goals lifestyle programme. The programme focuses on helping children to be more aware of the benefits of healthy eating and regular exercise

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

## Community Interest Company Report

### PART 2 – CONSULTATION WITH STAKEHOLDERS (See example with full notes)

*Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.*

The Company's stakeholders are the volunteers, residents and children of the local community. The Directors of the company have attended school, lived and worked in the company for a number of years. The volunteers and children who attend our courses fill in feedback questionnaires on the programme content. From this we modified the programme and include ideas from the children and young people.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** if you have provided full details in your accounts you need not reproduce it here. Please confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes).

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** e.g. Donations to outside bodies (See example with full notes)

*NO DIRECTORS REMUNERATION.*

*(Please continue on separate continuation sheet if necessary.)*

### PART 4 - SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

*W. Apperly*

Date

*7/1/2007*

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ  
for companies registered in England and Wales

DX 33050 Cardiff  
or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland

DX235 Edinburgh  
or LP – 4 Edinburgh 2